

**MENS Project
Final Conference
14th June 2018**

Amphitheater «Antonis Tritsis», Cultural Center City of Athens

Registration

9:00 – 10:00 Welcome Speeches

Maria Kerasoglou, President of KSDEO “EDRA”

Dr. Euaggelos Kuriazopoulos, Secretary General Municipality of Galatsi.

10:00-10:15 Opening Speech, MENS Project and beyond

Nikos Andreopoulos, MENS Project Manager

10:15 - 11.30 POLICY PAPERS - 1st Session

Facilitators

Kostas Karteroliotis, Professor at the School of Physical Education and Sport Science National and Kapodistrian University of Athens

Eleonora Markou, Psychologist / Sports Science Specialist

-Association of Sports, Physical Activity and Exercise with Mental Health: Existing Policies and Practices in the European Union

Eleonora Markou, Psychologist / Sports Science Specialist, **KSDEO EDRA – GR**

-Development of Models of Physical Activities, Sport Events & Exercise Programs

Emmanouil Skordilis, Associate Professor in Adapted Physical Activity, **School of Physical Education and Sport Science National and Kapodistrian University of Athens**

-Mental Indicators and Physical Activity

Dr. Sakis Pappous, Reader

Antigoni Zafeiri, Research Assistant & Data Analyst

UNIVERSITY of KENT - School of Sport and Exercise Sciences - UK

-The Preventive Role of Physical Activity In Mental Health

Francesca Cesaroni, Project manager, **COOS Marche – IT**

-Inclusion of people with mental health problems through sport,

Hana Hanibalová, Project Coordinator, **Fokus ČR**

11.30 - 12.00 COFFEE BREAK

12.00 – 13.30 POLICY PAPERS - 2nd Session

-Mental health and Stigma in Europe

Pauline Moloney, Board Member, **FIRST FORTNIGHT – IE**

-Addressing stigma in local authorities through sports

Gina Pandroula, Press Officer & Public Relations, Municipality of Galatsi,
Municipality of Galatsi – GR

-Active Living and Mental Health: Social Partnership between the Public and Private Sectors

Nicola Daley, Chief Executive Officer, **Merseyside Expanding Horizons – UK**

-Sports as a means of non-pharmaceutical treatment for mental illness

Gustavo Martin Villarejo, Head of Diversity Department in Valladolid, **Intras Foundation**

-Sport and mental health within the typical education systems

Fabrizio Boldrini, General Director

Maria Rita Bracchini, Chief of the European Unit, **Villa Montesca – IT**

-Comparative approach on sports for mental health and sports for physical or intellectual disabilities - Rijeka Disability Sports Association – CR/ Golbasi Sporium Spor Kulübü ve Dernegi – TR /Ozara – SI/ ASOK – LI

13:30 - 14.30 LUNCH BREAK



SOCIAL COOPERATIVE
ACTIVITIES FOR VULNERABLE GROUPS



14:30 – 14:45 Policy Paper - Physical Activity for the Treatment of Patients with Mental Illness: Training Needs of Professionals

Simona Palumbo, Project Manager at CESIE adult unit, working in the field of sport education, entrepreneurship support and employment, **CESIE – IT**

14.45 - 15:15 EUROPEAN RESEARCH PRESENTATION

George Dionisiou, Sociologist/ Statistical Analyst
Pantelis Sarakiniotis, Social Scientist

15:15 - 15:30 "LIFE IS LIKE A BIKE" CAMPAIGN: PRESENTATION

Ioanna Zimariti - Theatrologist / Journalist

15:30 -15:50 1st EUROPEAN SPORT EVENT FOR MENTAL HEALTH PRESENTATION

Eleonora Markou, Psychologist / Sports Science Specialist
Gina Pandroula, Press Officer & Public Relations, Municipality of Galatsi
Elena Tonikidi, Artist / Art Therapist, Director of organization "Psychology–Art"
Ioanna Zimariti, Theatrologist / Journalist
Evi Marouli, Economist

15:50 PRESENTATION OF THE EUROPEAN NETWORK ON ACTIVE LIVING FOR MENTAL HEALTH (ENALMH) –

Alexandros Oikonomou, Psychologist/Vice President of ENALMH
Nikos Andreopoulos, Secretary General of ENALMH

