

100MIRRORS

INCLUSIVE



The Latest

The 100Mirrors project is running in full swing this period. The first 4 outputs have been launched for piloting and the partners are actively running training programmes based on the methodology issued by the consortium. The outputs issued are the following:

IO3 - Guide How to coach disabled women for developing inclusive entrepreneurship

IO4 - E-training How to coach DWs for developing inclusive entrepreneurship

IO5 - Inclusive Entrepreneurship Manual

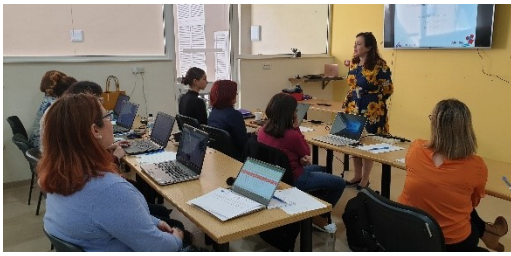
IO6 - E-training fostering inclusive entrepreneurship

The aim of the pilot project was to evaluate the training based on the Guide on Coaching/Mentoring and the Manual on Entrepreneurship. The methodology is based on a mixed training program including face to face training, self-learning using the online platform and Job shadowing experiences.

Pilot Feedback

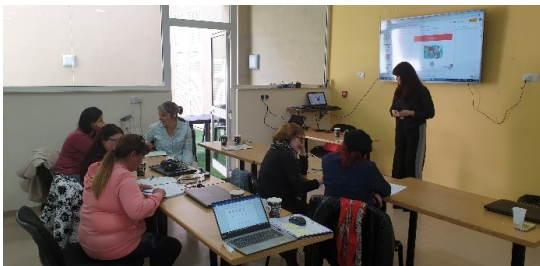
Malta

GROUP ONE: The pilot was run with 2 different groups. The first group was trained on coaching/mentoring women with disabilities. We had a varied audience of trainers, mentors and freelancers. The group gave very good feedback on the pilot and everyone was happy to have participated. The face to face training was given by 3 different trainers, who made the content very interactive and adapt to the present audience so that everyone could enjoy it.



Throughout the duration of the pilot, this group of women (most of which had never met before) became good friends and enjoyed helping each other face issues that they were currently encountering in their daily routines.

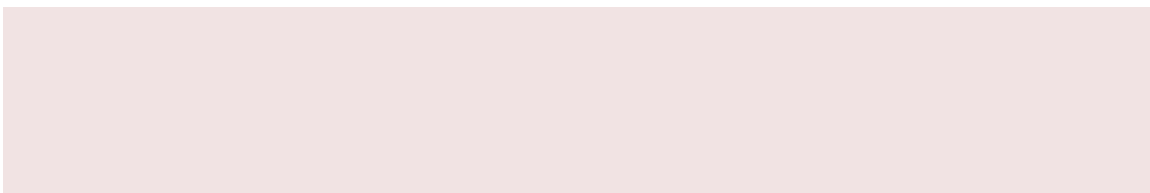
GROUP TWO: The second group was trained on entrepreneurship skills. The participants were a group of 6 women with disabilities that have a passion/art they would like to transform into a business. Most of them have an artistic flair ranging from crafts to sewing and lace making. These women, who had never met before really enjoyed the training and formed a bond between them. They used the sessions also to help each other come up with new ideas for their future business plans.



They particularly appreciated the information given to them from experienced entrepreneurs about which entities to approach in Malta to be guided on how to start up your own business and about their personal experience of what it means to be a female entrepreneur in Malta.



The whole experience was very valuable for all participants and the general feedback for the whole project was very positive. We had many requests to repeat this training from the participants.



Special Thanks

Special thanks goes to the trainers: Veronica Vazeri, Dr. Rita Micallef. Anamaria Magri Pantea, Angele Giuliano and Juanita Muscat.

Pilot Feedback - EDRA Cooperation Greece

The Greek pilot took place from the 8th to the 12th of April at the City Hall of the municipality of Peristeri in Greece. We had a total of 28 attendees, separated in two different groups running in parallel. The first group's training was based on methodology of coaching and mentoring for women with disabilities and the second group attended an entrepreneur skills training for women with disabilities, as well. For the needs of the seminars we cooperated with a specialized organisation on women professional empowerment "Women on Top".



"The feedback we had from the participants was that they wish that the seminar would be soon repeated. They were really interested in the materials but mostly in the experience of being together and share their professional concerns with people who would be able to understand them and propose solutions. The presence of experienced mentors and coaches who presented and explained the tools and the methodological approach have been extremely helpful. But the most interesting part was the link of mentoring and coaching with the values of inclusiveness in the professional field. At the third day of the seminar the participants had the



chance to listen to the entrepreneurial experiences of two women with totally different entrepreneurial approaches. Mrs. Ioanna Maria Gertsou (who is a mirror) revealed the method, the joys and the challenges of founding and maintaining an NGO. On the other hand Mrs. Stefania Vasilopoulou which at the age of 31 has already founded her fourth entrepreneurial platform spoke about the self motivation, the inspiration, the fulfillment of achievement but also about the stress and the burn out that the involvement with entrepreneurship might include. In conclusion both of the entrepreneurs spoke about personal and professional balance and integrity".



"The whole atmosphere of the seminars was joyful like celebrating the diversity and the uniqueness of everyone and most of all the opportunities that the acceptance of this uniqueness might bring. We, as the organizing partners, had the joy to watch women interacting and networking and more over creating friendship bonds with each other".

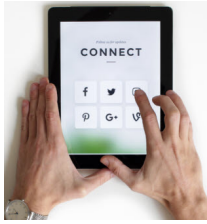
Special Thanks

Special thanks to the coaches Mrs. Stella Kasdagli and Pinelopi Theodorakakou and to the entrepreneurs Mrs. Ioanna Maria Gertsou and Mrs. Stephania Vasilopoulou".

Upcoming Conferences

100Mirrors will showcase all its outputs during various final conferences all over the partner countries in June/July.... Stay tuned and follow our website for more information.

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Project Partners



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