



YAMH - Supporting teachers and youth workers to promote and protect Youth Mental Health at School

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Press release

Dissemination Event of Results of the Erasmus+ Project

The innovative initiative "YAMH- Supporting teachers and youth workers to promote and protect Youth Mental Health at School" concludes with the event which organized by the Social Cooperative Activities of Vulnerable Groups KSDEO "EDRA" and the 1st General High School in the area of Ano Liosia, for the presentation of the results of the project on Friday, January 19, 2024, at the Ano Liosia Town Hall.

YAMH Project gives new tools to educators and youth workers to support them in promoting and protecting young people's mental health in schools. The YAMH Project was developed in collaboration with a consortium of partners from four countries and is funded by the Erasmus+ Project of the European Union.

The event was opened by Ms. Eleni Kampoli, Director of the 1st Ano Liosia High School and greetings addressed by the following, High Priest Commissioner of Phylis and Acharnon Titos Christou, Mr. Antonios Katsamagos, Deputy Head of Educational Affairs of the Secondary Education of Western Attica, Mr. Nikolaos Hatzitrakosias, President of the Secondary School Committee of the Municipality of Phylis, Mr. Stavros Kotsakis, Director of Secondary Education of Western Attica. The event attended by school Principals and Teachers of secondary education schools of the Municipality of Phylis.

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The objectives of YAMH were mentioned by Ms. Maria Kerasoglou, President of the Board of Directors of KSDEO "EDRA", while the results of the YAMH project were presented by Ms. Efstathia Koulis, teacher of the 1st Ano Liosia High School and Ms. Eleni Sakellariou, Coordinator of the project from EDRA.

The promotion of mental health in the school area was mentioned by Mr. Petros Chrysostomidis, Head of the Centers for Interdisciplinary Assessment, Counseling & Support of Western Attica, while the practical activities of YAMH were presented, with the participation of students of the 1st Ano Liosia General High School, by the teachers of the High School, Mrs. Efstathia Koulis, Mr. Evangelos Stouraitis and Ms. Amalia Efthymiou with Mr. Fotis Skouras by EDRA organisation.

During the event presented a theater workshop for the promotion of mental health, with the participation of students of the 1st General High School of Ano Liosion by Ms. Cleo Fanourakis, Assistant Professor of the Department of Theater Studies of the National and Kapodistrian University of Athens and Ms. Vivian Kravvaritis, actor, final student of the Master's Program of the Department of Theater Studies of National and Kapodistrian University of Athens.

Food for further thought and strong emotions was given by the students of the 1st Ano Liosia General High School with their presentation full of songs, acts and and the artistic expression of mental health and social issues, while the event closed with the conclusions highlighted by Mr. Alexandros Oikonomou, Psychologist and Scientific Responsible of the EDRA organization.

The partnership

- **KSDEO "EDRA"** (Greece - Coordinator)
- **INSTITUTO PARA EL FOMENTO DEL DESARROLLO Y LA FORMACION SL** (Spain)
- **INNOQUALITY SYSTEMS LIMITED** (Ireland)
- **ISTANBUL VALILIGI** (Turkey)
- **IASIS** (Greece)
- **Asociación La Bien Pagá Espacio Escénico** (Spain)
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Find more about the Erasmus+ Project YAMH at yamh.eu and the Social Media of the project [Facebook](#) [Instagram](#) [Linked in](#)

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